A blue circle with a building and text

Description automatically generated**A purple background with white text and a bird

Description automatically generatedHandwriting at Shortlanesend**

**Daily 15 minute lesson**

1. **Start the lesson with a hand and shoulder warm up activity.**

**\*See handbook for examples**

1. **Next, draw around the infinity sign to help strengthen the movement in the wrist.**

**A hand holding a pencil and drawing a infinity symbol

Description automatically generated A hand holding a pencil and drawing a infinity symbol

Description automatically generated**

1. **Reception, Year 1 and 2 to complete one section of the ‘Letter formation’ book each day.**
2. **KS2 to complete as much of the page as deemed appropriate.**

**Use the Teacher’s Book to find more information on:**

* **Key aims**
* **Sitting position**
* **Developing a good pencil grip**
* **Left-handed writers**
* **Paper position**
* **Correcting handwriting problems**